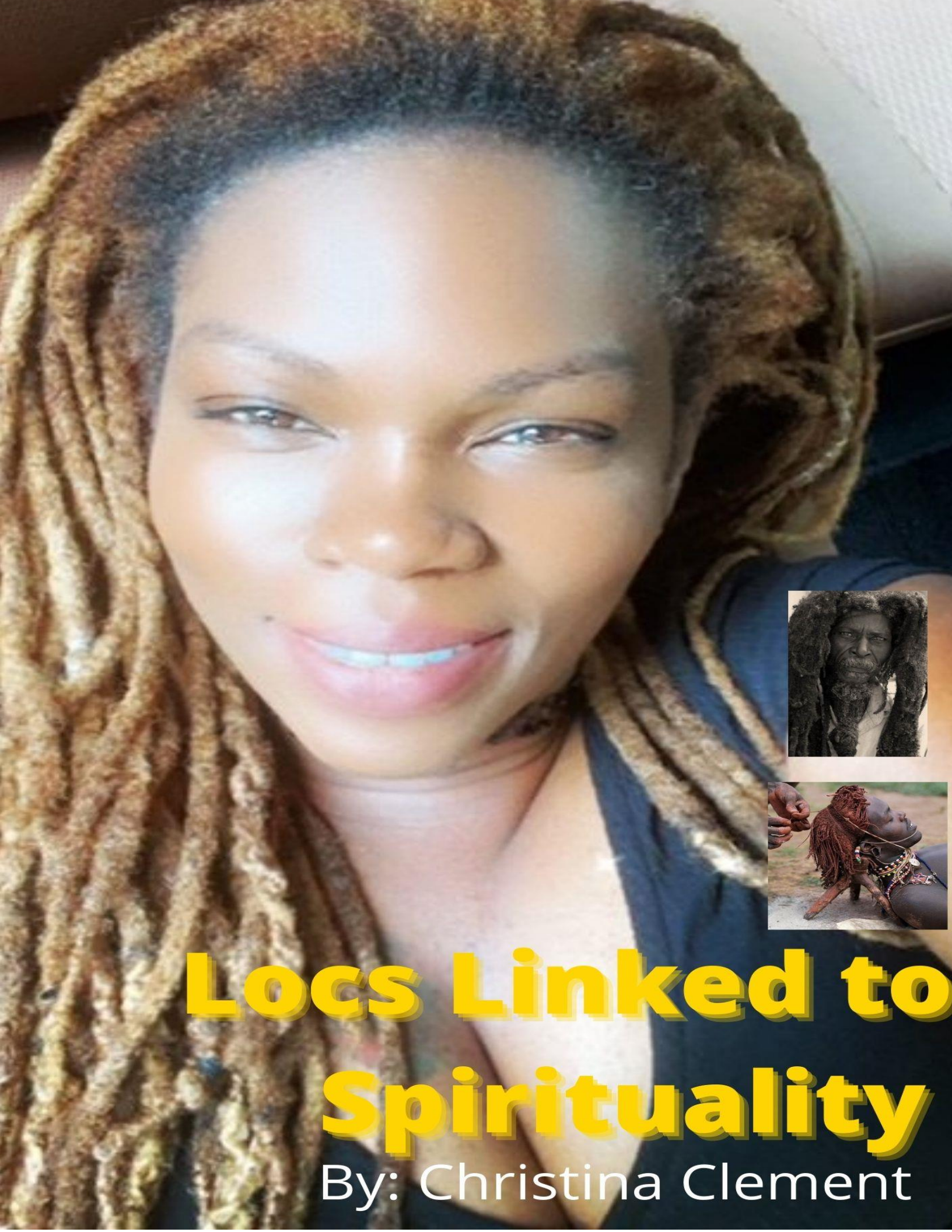

Locs Linked to Spirituality

By: Christina Clement

This Book is for my Legacy.

I love to Love and I love you……

Christina Clement
Made in GOD'S Image

There is Nothing “Dread”ful about your locs.- Christina Clement ©

Art is Locs and Locs is my Art.(C) Queen

TM

NJS Hair Care
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LOCS LINKED TO SPIRITUALITY AND THE IMPORTANCE OF THE LOC JOURNEY

UNDERSTANDING THE CONCEPT OF LOCS (aka Dread LOCS)

Locs are a cluster of hair that has tangled together. The process of locking. This style is also known as Jata, Sanskrit, locs, or locs, and it employs a variety of techniques to encourage loc formation, including palm rolling, two strands, and backcombing. Locs appears to be "free-formed" hair locs on the surface (i.e., hair locks). Locs are frequently misunderstood to be filthy. They are not filthy in the least. Having healthy Locs necessitates the process of keeping the hair clean and in good condition.

Locs are also closely associated with not only the African and Rastafarian religion and culture but globally. Locs are worn by people from many different cultures and civilizations. Locs are an expression of religious beliefs in some cultures. Locs are a symbol of spirituality, aligning self, learning about your Creator, not conforming to society's ways, and following the laws of your Creator. It is a spiritual vow individuals personally commit to. For others, it is a symbol of ethnic pride or simply fashionable in other cultures.

Locs are worn by all ethnic groups. However, the significance may differ from one group to the next. The long, red, thin Locs of Maasai warriors make them easily identifiable. Some people who are familiar with Maasai warriors' thin Locs will dye their hair with red ochre or root extracts to achieve the desired look. Shamans wear Locs in various cultures. These are the ladies and men who claim to be able to communicate with and serve deities and spirits.

Dada refers to children in Nigeria who are born with naturally locked hair. Yoruba priests also have Locs. The Turkana people of Kenya, as well as the Akomofoo priests, have locs in their hair.

Rastafarians (Ras Tafari) adopted “Loc” styles, (There is nothing “dread”ful about your locs) which trace back to the time when slaves were transported in Jamaica. The Rastafari Locs represent the Lion of Judah, which is frequently shown in the Ethiopian flag's center. By way of their son Menelik, the Rastafari believe that Haile Selassie (Ras Tafari) is a direct descendant of King Solomon and Queen of Sheba.

Marcus Garvey, a Jamaican politician, is credited with founding the Rastafari Movement, which began in the 1930s in Jamaica. During his lectures, Garvey emphasized black power and empowerment.

To comprehend how a head of hair becomes a head of Locs, you must first comprehend what a single loc looks like at its most basic level. The belief that if hair is left alone, it will tangle and separate into parts is at the basis of the loc phenomena.

Locs are essentially discrete clumps of knots that the user encourages to grow into a coil that resembles a piece of rope or yarn. Based on your hair texture and your true desire for loc size, you could be connected to your original village. Just like the Masai warriors, they wore their locs

resembling sister locs. Village match! In the before government language, villages and tribes differed based on their hairstyle and jewelry, listen to your inner voice, and you will attract and be led to your village during your journey.

I always recommend To Thine Own self be True. No one can tell you how your loc and locs size should look when you know internally what you want. Don't doubt yourself. Go with it. Follow your first mind.

A Loc is similar to a ball of hair, but the individual "threads" of hair are not braided together in any particular manner; some are haphazard, and some are maintained in one direction, which is traditionally going in the clockwise direction. In fact, some hairstylists offer instant, temporary locs that are created by hastily knotting the hair with a crochet hook or an interlocking tool. New hair will continue to grow and loc once a Loc has developed, and the individual locs have grown. Keep in mind the free-forming strands of hair which is the active reason a loc can even form, begins somewhere at the 3-week mark of having starter locs.

LOCS: HOW TO BEGIN

Whether you hire a professional stylist, aka Loctician, or do your own hair at home, developing Locs takes the same basic preparation. When it's time to separate and shape the locs, there's a point of variety. You can twist your hair to the right as that is the natural direction of your hair's curl pattern. However, start your locs based on how you internally feel they should be and look because this is your vow and journey. To thine own self be true.

IN ANY CASE, THIS IS AN EASY STEP-BY-STEP TECHNIQUE FOR DEVELOPING LOCS

- Before starting the process, wash and dry your hair well. Make sure your scalp and hair are clean, with no residue or product accumulation.

- You have the option of letting the hair loc and then separating it. However, you can split your hair ahead of time to divide it into distinct portions. Decide on your parting style and then separate your hair into portions. You may either do the entire head at once and secure the portions together using bands or clips, or you can do each section separately.

- Make sure your pieces are the right size. When you draw them tight, the exposed scalp should outline the roots of the hair you're holding. The quantity of scalp visible varies according to parting style and hair thickness. The parting style influences the way they fall and appear natural. The final locs will be thicker if the portions are larger. Keep in mind that the parts should hold the loc for the length of years you will have your locs.

- Before working with each strand, apply a small amount of product to it. (Opinions on

what to employ vary significantly and vehemently among experts.) Some people use creams, oils, or gels to keep their hair from drying out. Some Loc wearers praise the benefits of wax as a moisturizer and binder, but wax is heavy and difficult to remove; it also attracts lint. Only water and natural aloe gel from an aloe leave is used by purists.)

- Creating locks can be done in a variety of ways. Backcombing your hair is a popular practice for persons with straight hair. This adds volume, is simple to do (though time-consuming), and gives the impression that you have locs right away. Many individuals, however, advise against backcombing because it can damage hair and cause locs to unravel easily. Pull each segment of hair straight to backcomb. Use a fine-toothed metal comb to run through the hair from the tip to the root while holding the tip. Repeat on the same area of hair until the individual strands are twisted together and dragged toward the root. Continue this procedure until the full length of hair has developed tangles, then repeat with each part. You can palm roll each loc after backcombing it to form it. Braids, twists, comb coils, the twist and rip method, the interlocking method, and the crochet method are all options for starting locs. (For more information, see the sidebar.) However, I personally don't recommend interlocking because it is a process of installing knots in your locs and could block the messages needed to be received for your journey.

- Using a hairdryer, completely dry the locs. This procedure will also melt the loc gel into each loc if you use a loc gel. However, the procedure is not yet complete. Keeping these proto-Locs in good shape and caring for them throughout time necessitates many crucial tasks.

STEPS IN TAKING CARE OF YOUR LOCS?

Even though your hair is tucked away, you will still wash it as part of your natural hair care routine. Your locs will grow well and stay healthy if you wash, moisturize, and preserve them. Wash and cleanse your hair on a regular basis (every two to three weeks) to remove any products, oil, or debris stuck in the strands and scalp. If you exercise frequently, you may want to wash more frequently than every two to three weeks. Washing also aids in the restoration of the pH balance required for optimal growth. The above just mentions the external nurturing of your locs; you will also want to partner and provide your internal nurturing as well for your locs, which is drink plenty of water and consume Vitamins A, C, D, and E, which is definitely needed for healthy hair.

To wash locs, thoroughly moisten the locs and scalp. You'll want your hair to be completely drenched. Next, take a small amount of shampoo and work it into your hair with your hands. Feel free to add extra as needed, but remember to concentrate on the water rather than the product. Massage the scalp gently but completely after applying shampoo. Then give it a good rinse with a lot of water. After you've washed your locs, you might be wondering how to dry locs properly. Air drying is the solution. Direct heat can harm locs; however, air-drying ensures that hair is adequately dried and free of mildew and odor. However, drying and ensuring that locs do not unravel or retain water, especially in the starting stage, can be problematic due to the structure of locs. After washing locs, squeeze them and use a microfiber towel to absorb some of the water

before styling or wrapping them. Microfiber towels are also beneficial since they do not leave lint in your locs as cotton towels do. The good news is that after each wash, locs will begin to dry faster and faster, making the style highly convenient and a wonderful way to avoid mildew. Once properly air-dried, dry locs will sparkle even more.

HOW CAN I KEEP MY LOCS IN GOOD CONDITION AT HOME?

Moisture will be essential in maintaining Locs at home, as it is with most natural styles. Dry hair is more prone to brittleness and breakage, after all. To avoid dryness, use hair oil on top of a moisturizing spray. Because the scalp is skin, it needs the same level of protection as the skin on your body or face. Sleep with a silk or satin headpiece and pillow, and use light oils that won't clog your pores or hair follicles. Locs can be wrapped at night to keep them in place and avoid frizz, dirt, and debris.

Make sure all locs are twisted in the beginning, and if they aren't, twist them a little till they're under strain. To twist the loc, spin it while applying loc cream/gel to the loc and twisting it clockwise. Once the dread is twisted, pin or attach it to keep it in place until it dries. Repeatedly twisting or over twisting the same locs might cause fracture due to too much stress.

HOW TO GET YOUR LOCS STYLED

You want to avoid thinning, bald spots and traction alopecia when loc-styling because of the stress from over twisting.

The following are the best ways to style your locs:

- Coils should be combed

Twist little sections of hair with a small-tooth comb until they form coils.

- Palm-rolling

To help tighten and lock up locs, take little sections of hair and roll them between your palms.

- Two-strand twists or braids

Braiding is a great way to start your loc adventure if you have longer hair.

- Freeform

If you don't detangle your hair at all, it will eventually turn into

LOCS AND ITS LINK TO SPIRITUALITY

Locs represent purity, positive energy flows, wisdom, and a constant spiritual reminder of the power you possess. Many people believe that if you keep your Locs in good shape, they will act as a conduit for energy to flow through you. This is exacerbated by the placement of your Locs,

which are extremely close to your head, which is home to one of the body's most important chakras.

Locs have a long-lasting spiritual effect that makes you feel a lot of things at once, so you shouldn't just accept the hairstyle for no reason. Many people have been overcome by the unique

property of energy flow that Locs create and have been unable to accept the spiritual significance of Locs. To properly prepare for Locs, you must first understand the complexities of Locs and how they will affect your spiritual well-being.

Locs have been associated with spiritual enlightenment and supreme knowledge since their inception. Locs are also associated with the abandonment of physical possessions, which is closely related to many of the spiritual meanings associated with the hairstyle. Locs are usually worn by people who have reached the end of their spiritual journey and no longer need to seek enlightenment.

Those who have a lot of Locs have mastered their spiritual self, while those who only have a few Locs are still at the beginning of their path. This is why many elders in cultures such as Rastafarians have multiple and longer Locs than those who are still discovering their spiritual selves.

The history of Locs is veiled in mystery and old knowledge. The origins of the twisted locs are unknown, but they are considered to date back to the Minoan culture in Crete, Greece, about 3600 years ago.

The Egyptians and Indians, for example, were considered to have acknowledged the power of Locs. Matted or braided hair has been discovered in the mummified remains of Egyptian kings, and there are even bible verses mentioning the mysterious effects of knotted hair.

The name "Locs" is thought to have originated among followers of a movement in Jamaica that followed biblical teachings, African tribal culture, and Hinduism, which had become popular in the area. These men and women of the movement became known as "Locs," and their twisted hairstyle became known as "Locs," due to their respect and fear of God. The group became known as Rastafarians after making a connection with Ethiopian Emperor, Ras Tafari.

Regardless of whether you chose to naturally loc your hair for spiritual or non-spiritual reasons, it may be interesting to learn about the spiritual importance of this ancient style. Who knows, you might even feel a spiritual connection to some of its meaning. Adding another layer to our decisions can provide us with more inspiration to support our choices and efforts.

Locs have mystical significance in various civilizations. In the West, the most common examples are Jamaicans and Rastafarians, who wear their hairlong in the symbolism of the Lion of Judah and live a pure lifestyle.

Locs have become popular in many countercultures that value rebelliousness, and icons such as Bob Marley have inspired people worldwide to wear Locs to connect with messages of love, peace, and spiritual development.

Those who have a lot of Locs have mastered their spiritual self, while those who only have a few Locs are still at the beginning of their path.

LOCS AND IT SPIRITUAL TIES TO VARIOUS CULTURES

Modern interpretations of Locs are straightforward, even if some have overlooked the spiritual significance; however, many people have associated the hairstyle with other meanings throughout history. You must be aware that the definition of Locs will vary depending on where you travel in the world.

While many spiritual people may not hold Locs in the same regard as they once did, many will still remember what Locs once meant. When traveling, make sure you understand why locations like Egypt have a different relationship with Locs than places like Jamaica. Especially since some people in some countries never wash their Locs, while others wash and oil their Locs on a regular basis.

ANCIENT EGYPT AND THE PHARAOHS

Archaeologists have discovered locs preserved in mummified Egyptian tombs in ancient Egypt. Many uncovered statues and other artifacts, such as loc'ed wigs, show that the ancient Egyptian pharaohs had locs. Locs were thought to represent a certain level of power and esteem for anyone who was known or seen with loc'd hair by the Egyptians. Locs had some of the strongest associations with confidence and strength in ancient Egypt. Locs are depicted on many of Ancient Egypt's great pharaohs, gods, and most powerful women. This is why it's important to remember that when you see a spirit wearing Locs or wearing them yourself, they can represent these spiritual qualities. However, one interesting point to note about Egyptian Locs is that many of Egypt's most powerful people shaved their heads. This was done by both sexes, especially when they were pharaohs, and the Locs they wore were wigs. This is why many mummies have intact Locs despite the fact that the rest of the body has shriveled up over time.

CONNECTION TO WISDOM

Many people believe that the head and hair are spiritual energy conductors, and Locs are associated with wisdom. According to Rasta's beliefs, the locs are thought to be a part of Leviticus' Nazarite vows, which forbade shaving the head's four corners. The Lion of Judah, which represents a person's power and strength, is also linked to Locs.

Locs have traditionally been associated with a follower's acceptance that their physical appearance is unimportant and their disregard for vanity. It meant they would not be diverted from their path of wisdom and religion. Spiritual energy was believed to emanate from the top of the head and hair in both Eastern and Western traditions, and Locs could act as a conduit.

Locs are now a fashionable way to wear your hair as well as a way to express your spiritual beliefs.

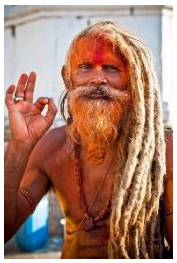
RASTAFARIANISM

Rastafarians emerged as a social movement in Jamaica in the 1930s, with religion/lifestyle at its foundation. The movement was centered on the African diaspora and their desire to be free of Western influence, which they dubbed "Babylon." Africa is referred to by Rastafarians as "Zion," the cradle of civilization. Rastafarianism includes a variety of spiritual rituals, including communal "groundations" meetings, ganja smoking, a vegan diet, and, of course, twisting their hair into Locs or just allowing it to Freeform.

Rastafarians have a worldview that is free of dogma. Instead, they think that the way to truth is through intuition and spiritual exploration. They place a high value on the bible's messages and believe in the second coming of "Jah," as they refer to God. They think that the bible has been tainted by time and translations and that meditation on the "book inside" can reveal the genuine truth.

Rastafarians, for example, believe in enjoying life as it is and being as close to nature as possible. As a result, they don't trim, comb, or style their hair (or sometimes even their beard) and grow Freeform Locs. The Rastafarian concept allows them to forge a strong bond with nature while also deepening their spiritual practice. Hair is also thought to represent an extension of one's soul in several cultures. Enslaved or defeated people used to be punished by having their hair cut. So, when you just let your hair grow organically into locs, it begins to personify your essence.

INDIA



The religion of Rastafarianism isn't the only one that believes in the power of Locs. Locs, or Ja a, are important aspects of Hindu culture.

Sadhus (close relatives of monks or holy men) wear Locs to imitate Shiva, the Hindu god. Shiva is described as the universe's original soul. According to legend, he is represented as a Yogi with a gigantic head of Locs, as he is said to have taken the weight of the mighty Ganges river in his hair.

In India, the goddess Shiva is frequently represented with long flowing Locs, implying that Locs have been closely associated with the deity's spiritual meaning.

Shiva is the goddess of good, the destroyer and transformer, and the supreme deity who creates, protects, and transforms the universe. Many followers of the faith also think that Shiva's might and

vitality are contained within her Locs.

Shiva was reported to have "Tajaa," or twisted locs of hair, in Hindu culture. Many of Shiva's devotees donned locs as a symbol of their commitment to spiritual growth and resistance to earthly pleasures and temptations. In India, though, locs are frequently kept for holy individuals and signify a level of spiritual dedication.

Today, the spiritual significance of Locs for Indians should never be underestimated, and those who have the hairdo are frequently regarded as high-ranking members of the country's faiths. There should be a restriction on how Locs are worn throughout the country, as many people are unaware of how essential it is. When going through India, the spiritual significance of the haircut should never be overlooked, and respect should always be shown to those who wear it.

HOLY BOOK

With connections to Moses, John the Baptist, and Samson, the bible mentions the power of hair, which most people assume to be Locs. When Samson's seven locks of hair were chopped off, his strength was weakened, despite the fact that his hair carried enormous power. The scriptures mention Nazarites not allowing razors to touch their heads to keep themselves pure.

THE LOCS JOURNEY

Are you curious about the stages of locs (also known as Locs)? It can be reassuring to know you're on track if you've already started your locs journey, and it can be helpful to know what to expect along the way if you're still thinking about loc'ing your hair.

The locs process requires patience and upkeep because it takes time to transition from the baby to the adult stage (roughly 21 months in total), but don't let this deter you. Locs teaches you patience, commitment, and to thine own self be true aligning you on your spiritual path led by your Creator.

1. The Initial Phase of The Loc Journey Lasts 3 To 6 Months (may be longer for straighter hair strands)

The Starter Stage (also known as the Baby Stage) of the locs process lasts three to six months. However, the length of this stage is determined by a number of factors, including your hair type and the rate at which your hair grows. This stage can be particularly challenging because many people discover that as they wash their hair, their locs get thinner or appear 'fluffy.' However, keep in mind that this is simply a stage, and things will get a little simpler as your locs mature. Consider what type of locs you want (freeform, braided, twisted, comb coiled, palm rolled, and interlocked), as well as your hair type and whether you want a parting pattern while 'installation' or commencing your locs.

It's often a matter of personal opinion, but keep in mind that if you build enormous locs, your individual locs can get rather heavy as they grow longer, and if you produce very small locs, you'll need to keep an eye on their moisture levels as locs can easily break when they're thin and dry.

The beginning phase is the first several months of your locs' development and can span anywhere from three to six months. The length of time depends on your hair type and how quickly it grows, but the most important thing is that your hair can form coils all the way through from roots to ends.

Starter locs are easy to spot because they're usually small, neat, and in well-kept areas. You're excited as you wait for them to bud at this point.

Tips for keeping locs in the beginning phase

- If your locs get itchy, you can consider using peppermint, tea tree oil, or the gel from an Aloe plant (it has great healing properties in it).
- Use a residue-free shampoo to keep your scalp clean whenever you wash your hair.
- Conditioner should be applied to your hair on a daily basis to maintain your scalp and baby locs moisturized.
- Allow your locs to grow on their own.

2. **The Loc Journey's Budding Period Lasts 6 To 12 Months**.

Approximately six to twelve months into your locs adventure, you will reach the Budding Stage (also known as the Sprouting Stage). This is when you'll notice that your hair isn't unraveling when you wash it, and you'll start to detect your new growth, which will appear fuzzy and fluffy, aka budding.

You should start incorporating retwisting into your exercise at this point. This will help you keep your original partings and keep your locs in vogue. Again, how you do this is a matter of personal opinion; some individuals prefer to retwist, palm roll, or interlock their own 'roots' at home, while others prefer to have locticians handle their new growth.

If you opt to start your locs with twists or braids as your starting patterns, you will notice that the lines in your hair will start to fade at this point. This is a normal part of the procedure, and you shouldn't be bothered by it. Simply retain the original scalp partings to allow the spinning process to become established for each loc. It's simple to spot budding locs because they're usually frizzy and grow in size.

Tips for keeping locs in the blossoming stage

- Clean and care for your hair on a regular basis.
- Shampoo on a regular basis, but be careful not to unravel the hair.
- Don't re-divide or twist your growing locs to death.
- To encourage new growth, perform a mild retwisting regimen.

3. **The Adolescent Part of The Loc Journey Lasts 12 To 15 Months**.

The Teenage Stage (also known as the 'Ugly' Stage) of locs lasts between 12 and 18 months. Are you curious as to why this stage is called that? It's because it’s similar to teens; this is when your locs might rebel and be perceived as odd due to their in-between length.

However, we believe that this particular stage is the most exciting. This is when you'll notice your

locs begin to take shape and develop, and you'll be able to glimpse their full potential!

Avoid retwisting your locs too often because it might cause thinning and breakage. This is also a great opportunity to invest in hair accessories so you can experiment with a few different styles. Shampooing can no longer loosen locs because they've reached the point in their development where they've grown long enough to hang down. If you've waited long enough for this stage, you can be happy because you can finally see the magic, or you might start to wonder what's wrong with your hair, convinced that you've made the biggest mistake of your life. The reason you might be wondering is that when you're a teenager, your locs double in size and often appear to be decreasing or not growing lengthwise.

Tips for maintaining locs during the adolescent stage

- Select your products carefully to avoid accumulation, as your locs are just beginning to lump.
- Experiment with different pressure styles (such as two-strand twist and curly sets) to control some swelling.
- Wash and moisturize your locs on a regular basis.

4. Maturity Period of The Loc Journey 15 To 18 Months

The Mature Stage of your locs adventure begins around the 15th to 18th month. Your locs have reached full maturity! When you've had your locs for a year or more, and they've taken on a more cylindrical shape, you've reached this stage.

Because your locs will have taken on a beautiful firm shape and you'll have a well-established locs routine, you won't have to retwist/reform them as much. When your locs are closed at the ends and long enough to lay flat or hang down, you know you've reached the mature stage. You don't have to retwist your new growth because your locs are set, and there's no more reforming.

Tips for keeping locs in the mature stage

- Shampoo and condition your hair on a regular basis.
- Prevent accumulation and unraveling by using the correct products.
- After your locs have matured, properly retwist your hair to avoid weak locs and excessive frizz.

5. From 18 Months Onwards: Rooted Phase Of Your Loc Journey

The final locs stage is the Rooted Stage, also known as the Adult Stage, which occurs anywhere from 18-21 months plus. Your locs have matured into adults! Your locs care routine will be established, and your locs will be flourishing. So remember not to get too complacent and leave your hair locs without properly cleansing and moisturizing them. It doesn’t matter which stage you’re at; the basics are important to help you maintain your lovely locs.

After a few years of wearing your locs, there’s a significant chance that some locs may begin to think and break off at the ends. Caring for your locs and being consistent with it might help minimize symptoms of age.

Tips for maintaining locs at the rooted phase

- Use natural oils (such as Argan oil and Avocado oil) to keep your tresses moisturized, long and shiny
- Get regular trims to control deterioration at the ends of your locs
- Deep condition your locs every 1-2 weeks
- Wrap your locs at night with a satin scarf to prevent breakage and dry locs
- Dry your locs thoroughly to prevent odor.

If you're planning to start locs, you now know what to expect throughout each step. As you can see, the process might take anywhere from 1-2 years, so be patient and take care of your locs to achieve the looks you want.

CONCLUSION

Find a great loctician if you want to grow locs quickly and easily. Locticians are hairstylists who specialize in Loc growth. **I would also recommend, Locticians taking a life coaching coarse to also assist with the client conversations they will have so they can properly guide their client through the awakening process. (I will provide a course for this in the coming projects)**

A loctician will assist or coach you through the development process of Locs. They use several techniques to create "buds" or handmade "baby" Locs with your hair, such as the palm roll, the 2-stand method, Sista Locs, and others. They will continue to maintain your hair until it matures into Locs.

It may take up to six months after your initial visit before you have a head full of robust Locs. Depending on the texture of your hair, you may need to see your loctician every two to four months, some monthly.

Locticians may work from home, make house calls, or work primarily in a Loc salon. There is currently no licensure or certification for locticians. The loctician you choose should have some form of training as well as a lot of expertise.

If you still have questions, you should schedule a consultation with up to three (don't take one person's word for it) locticians in your area to get their thoughts. But, in the end, it is up to you to decide what is best for you!

NJS HAIR CARE is #1 Leading Loc Salon in the Nation, Owned by Christina Clement, also known as Queen. She is a natural hair advocate with over 14 years of expertise in the Loc hair care field. She is the author of several natural hair-related eBooks and has been assisting women, children, and men in learning and understanding the spiritual connection that is inevitable while on your loc adventure. She is also a spiritual mentor, counseling many while going through the ups and downs of life lessons while on your loc journey.

You can learn more about NJS Hair Care and her eBooks by visiting her at: NJS Hair Care, 6254 Memorial Drive, Unit J, Stone Mountain, Georgia 30083, or [https://www.njshaircare.com/].

You can also learn about the method of loc’ing she teaches and recommends by visiting her at NJS HAIR CARE, 6254 Memorial Drive, Unit J, Stone Mountain, Georgia 30083, or [https://www.njshaircare.com/].

You can schedule a Spiritual Mentoring session with her by visiting: NJS Hair Care, 6254 Memorial Drive, Unit J, Stone Mountain, Georgia 30083, or [https://www.njshaircare.com/].

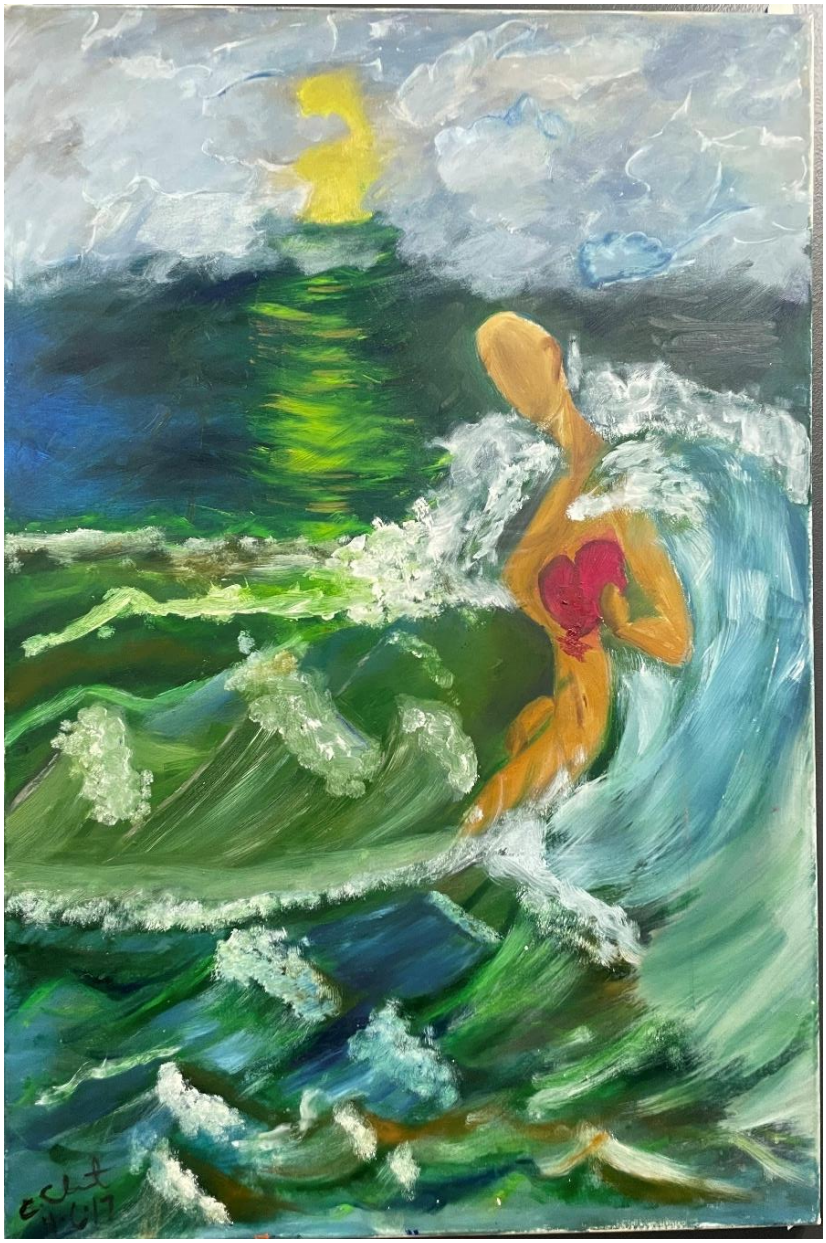
The Journey in Art Form

Some of us can better appreciate new information with visuals. Since I love all things art. I introduce to you my artwork.

Love,
Queen aka
Christina Clement

There comes a point in your life when you begin to feel an overwhelming amount of pressure from just life overall. You begin to think and require change. Something has to happen now, but what? ©

Without knowing the ‘what”, you begin to evaluate self. Who am I? Who am I really? What am I good at? What do I want? Where do I want to be?
Answers start to resonate with you, and you start to increase your frequency. But there is more!!! ©



Once you increase your frequency, those people and lessons that accumulated to be a part of that pressure goes away from reasons often times that makes no sense. But as loyal people, in victim mode, we miss this fact and are heartbroken from their departure when the leadership mode is to appreciate their part in your lessons because without that experience, you would not have elevated your frequency and relied on GOD to see you through. The pressure realigned you to focus on the Creator and not be a leach or crutch to others. ©

Understanding this fact helps you to remember that people come into your life for a reason, season, and a lifetime. Appreciate the journey, get out of victim mentality and into leadership mentality by making better choices. Directing your life by choosing between Faith vs Fear; Good vs Bad; God vs Satan. Listen to your first mind, aka spirit aka instincts which is the quiet whisper from GOD guiding you through each lesson. Because life is a School. Results are either Lessons or Blessings either way you are still winning. Lessons you learn from and Blessings you enjoy. ©

Special Thanks

I'd like to thank every individual I have ever come across while on this journey, past, and future. Something within our frequency and lives designed required that we cross paths. However, you are special because if the encounter was painful, you helped increase my frequency, forcing me to pay attention, learn my lessons and call on GOD. If our encounter was pleasurable, then you were a part of my blessings and enjoyed every minute of it. I thank you.

About the Author:

Born in Brooklyn, raised in the Bronx, NY to West Indian parents who are still a positive role model to this day.

However, as a child in search of her identity made various choices and while very spoiled, was very blessed to have so many ups and downs throughout her school of life.

Often a loner, and in her head, she spent hours upon hours with close friends and others who came in and out of her life to gather the reason life is the way that it is and why are people the way that they are until homelessness, 4 total car accidents, lost twins and more quickly led her to the endless wisdom she now shares to 1000 and more.

During her spiritual coaching services, she has successfully assisted so many on their journey which is her passion. When asked, her reply is My passion is to support passion.

We love you too, Queen!

You can also find Queen at her 5 star Loc museum and #1 Leading Loc Salon in the Nation! We can truly say she is really made in GOD'S Image. Reach for the Stars!

Recoverable Signature

X Christina Clement

Christina Clement
Made in GODS Image
Signed by: 020ddcde-2d44-4aaa-b574-e496c1492dc1

"ART IS LOCS AND LOCS IS MY ART" - CHRISTINA CLEMENT AKA QUEEN AKA UNITY